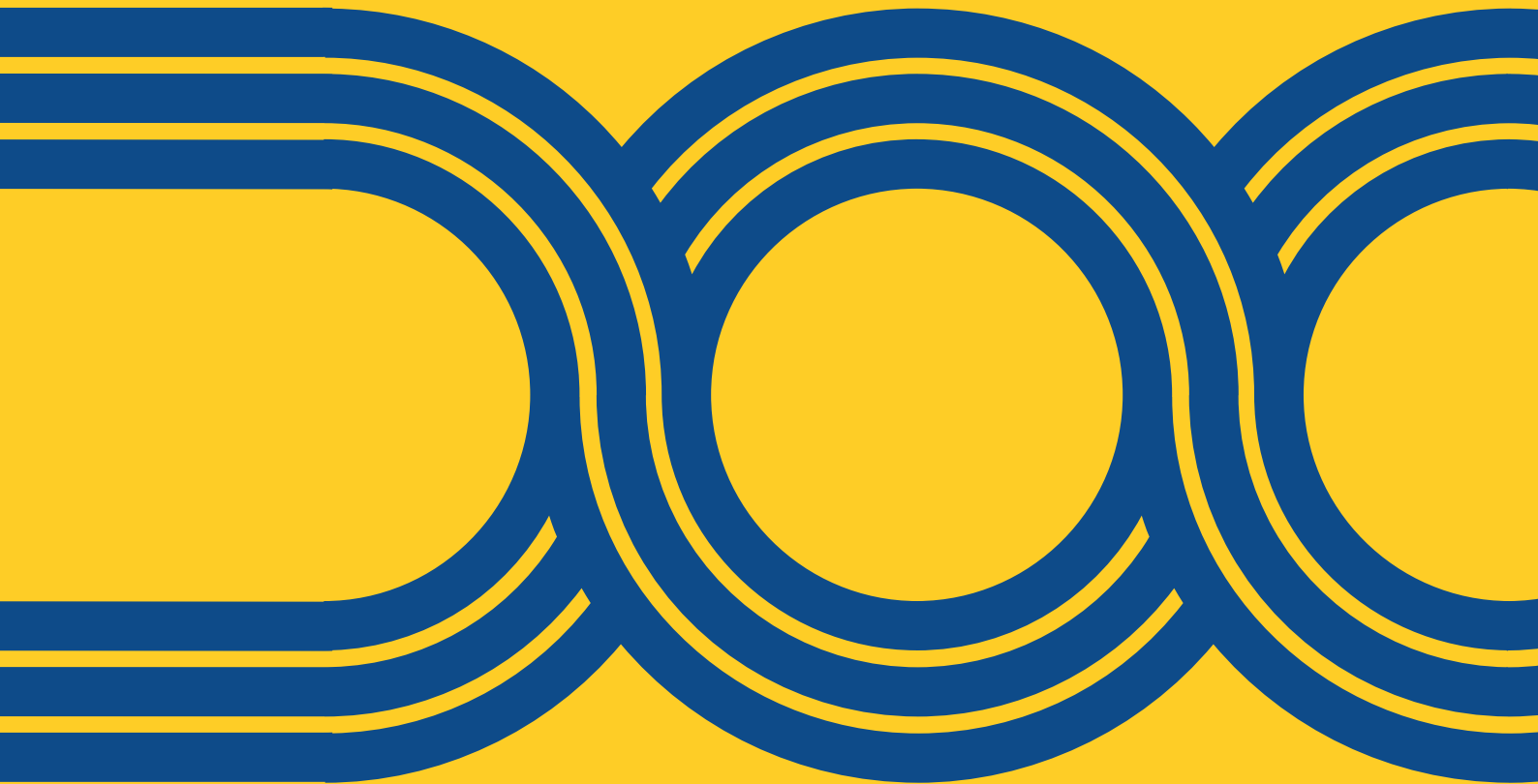




4–6 September 2026 in Malmö

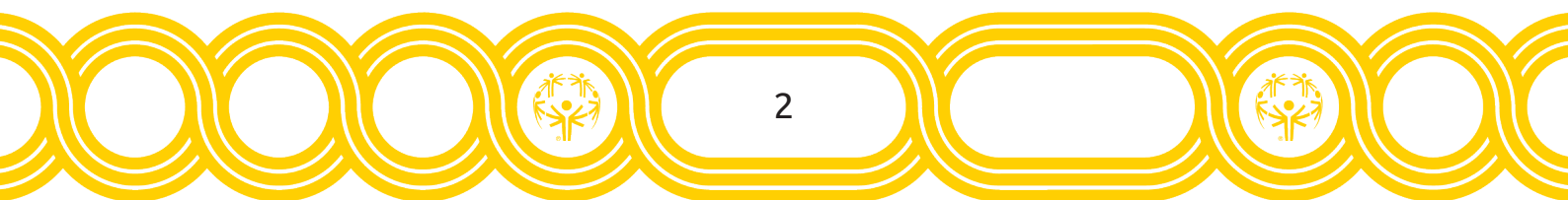
Competition Guide: **Handball**



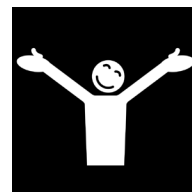
**SPECIAL
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SWEDEN**
INVITATIONAL
GAMES 2026

Content

3	Welcome to SOSIG!
4	Competition Information
5	Before the Competition
6	How a Match Works
7	Packing List
8	Speci-Lo
9	General



Welcome to SOSIG!



We are so happy that you will participate.

Here you will meet new friends, experience exciting competitions and feel the joy of competing together with others.

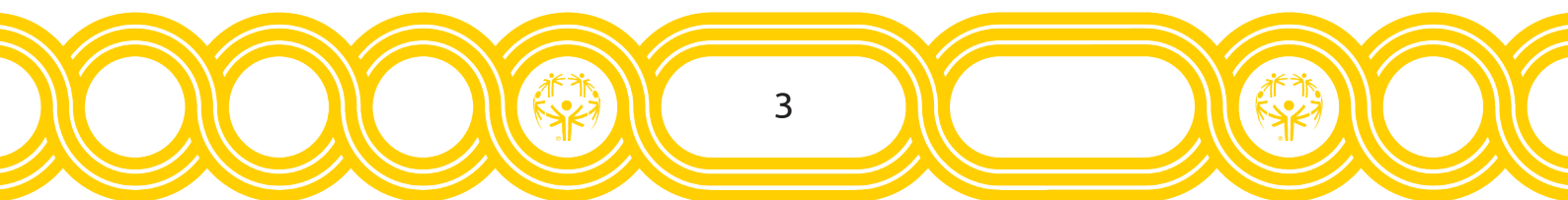
There will be athletes from Sweden and 25 other countries who will be competing in Malmö!

The most important thing to remember is to:

- **Have fun**
- **Do your best**
- **Be part of the community with all the athletes and leaders**

We at Special Olympics Sweden really look forward to meeting you!

Best regards,
Special Olympics Sverige



Competition Information

Handball Sport Organizers:

- SHK Malmö
- IFK Malmö
- the Swedish Handball Federation.

Contact Details

Contact information for the competition management will be published on the website in August.

<https://www.sogames2026.se/>

Competition Venue:

Stadion sport hall och Baltiska träningshallen, Stadium area

Adress: Eric Perssons väg 1

Changing Rooms:

There are changing rooms on site.

Information session for coaches

A digital information meeting will be held on Monday
August 24th at 5:30-7:00 PM.

The meeting will be in English. An invitation with a meeting link will be emailed to the team managers.

A meeting will be held on Saturday morning, September 5th.
The meeting will be before the division begins.

Referees and a manager from each team will be present at the meeting.
The meeting will be in the same building as the Baltic Training Hall.



Before the Competition

What to bring:

- Match shirt
- Shorts
- Socks
- Indoor shoes
- Towel

Your coach will inform you about anything else you may need to bring with you.



Registration

On Saturday morning, all teams gather for divisioning. Times will be published on the website.

On Sunday, arrival times may vary depending on the team's match **schedule**.

Check-in: The team leader or coach must register the team's attendance at the secretariat.



What happens after check-in?

You will be told which changing room your team should use.

You will receive information about the match times for the divisioning games.

The match schedules will also be posted in the halls.



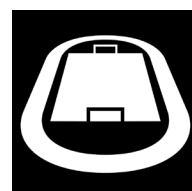
Divisioning

The competition begins on Saturday morning with all teams playing several short divisional matches.

The divisional matches are 1x8 minutes

All players in the team must participate in the divisioning matches.

During these matches, special judges watch how the teams play. Then the teams are divided into groups with teams that are at approximately the same level. This is to make it as fair as possible.



How a Match Works

The matches in the different divisions start after lunch on Saturday. On Sunday, the remaining matches are played according to the schedule established after the division.

Playing time: 2 x 10 minutes

Number of players per team: 6 outfield players and 1 goalkeeper are allowed on the field at the same time.

When the match is over, the team thanks its opponents and the referee in a polite manner.

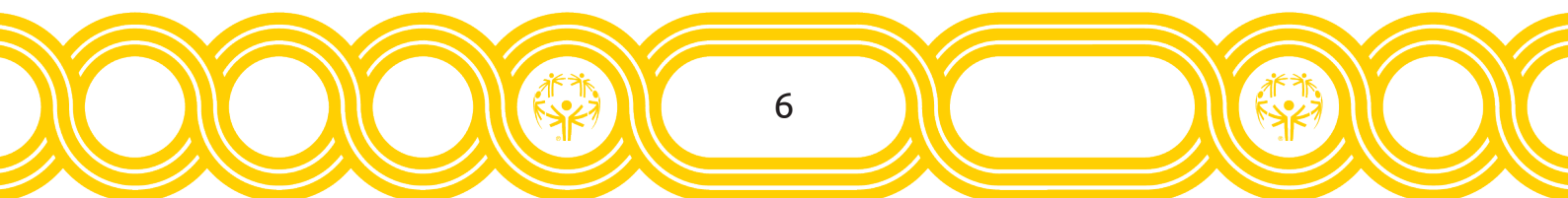
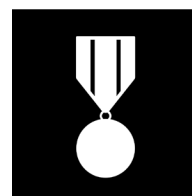


Award Ceremony

The awards ceremony will take place on Sunday when all matches have been completed.

Medals are awarded for 1st, 2nd, and 3rd place.

All participants receive a participation plaque.



Packing List

Here are tips on things to pack and bring to Malmö and the competitions.

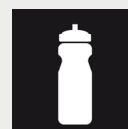
Match clothes

clothes you play in



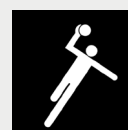
Water bottle

Marked with you name



Sports equipment

For your sport



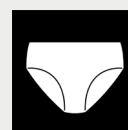
Non-match clothes

Clothes for when you are not competing



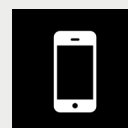
Underwear and socks

Underwear and socks that lasts your whole stay



Phone

Don't forget the charger



Rain wear

If it rains during the opening ceremony for example



Toiletry bag

Examples of items for your toiletry bag: deodorant, soap, shampoo, conditioner, toothbrush, toothpaste)



Medicine

If you are taking medicine, it's important to bring it yourself



Speci-Lo

Speci-Lo is Special Olympics Sweden's mascot.

She is a brave lynx who loves sports almost as much as she loves giving hugs.

Speci-Lo will be at SOSIG and is the athletes' very best friend.

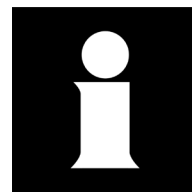
She cheers and encourages and helps the athletes bring out their inner lynx, just as a good friend should.



General Questions

If you have any questions you can e-mail us.

E-mail address: info@specialolympics.se



Website

At <https://www.sogames2026.se/> you find all the information about:

- Competition
- Event
- Surrounding Activities



There is always the latest information with updated times.

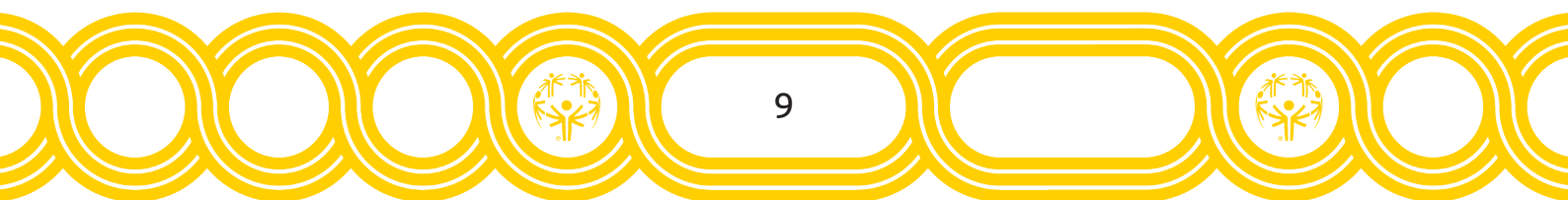
See you in Malmö!

We are very much looking forward to meeting you at
Special Olympics Sweden Invitational Games.

We wish you a great good luck!



Best regards,
Special Olympics Sverige





SPECIAL OLYMPICS SWEDEN

INVITATIONAL GAMES 2026

EVENT HOSTS



MAIN PARTNERS



PARTNERS



SUPPORTERS

