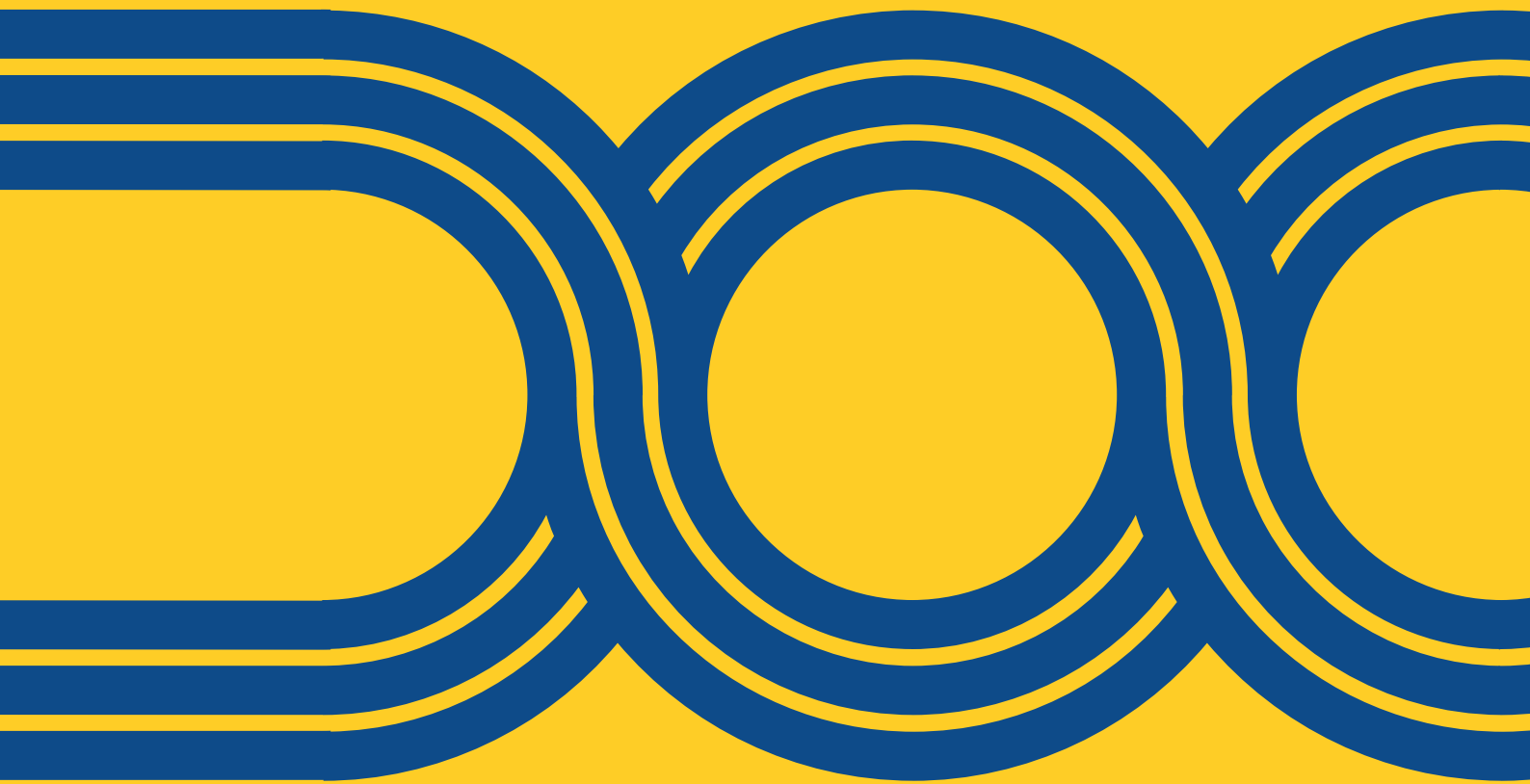




4–6 September 2026 in Malmö

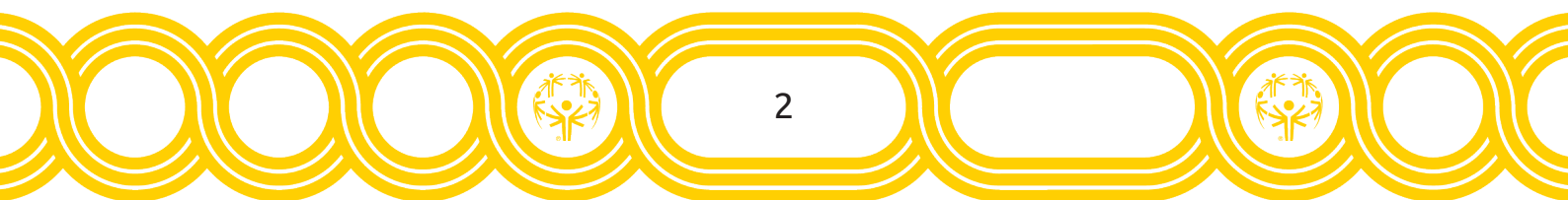
Competition Guide: **Table Tennis**



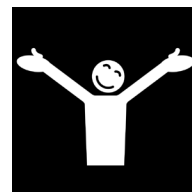
**SPECIAL
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INVITATIONAL
GAMES 2026

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Welcome to SOSIG!



We are so happy that you will participate.

Here you will meet new friends, experience exciting competitions and feel the joy of competing together with others.

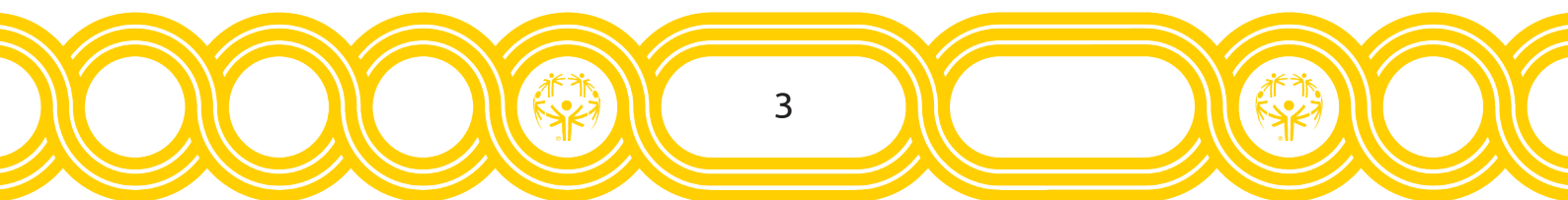
There will be athletes from Sweden and 25 other countries who will be competing in Malmö!

The most important thing to remember is to:

- **Have fun**
- **Do your best**
- **Be part of the community with all the athletes and leaders**

We at Special Olympics Sweden really look forward to meeting you!

Best regards,
Special Olympics Sverige



Competition Information

Table Tennis Sport Organizers:

- Swedish Table Tennis Association
- FIFH Malmö



Contact Details

Peter Molander
+46 72 9695506



Competition Venue:

Hyllie Sportcenter
Bollspelsvägen 3, Hyllie



Changing Rooms:

You can change and shower at the arena.



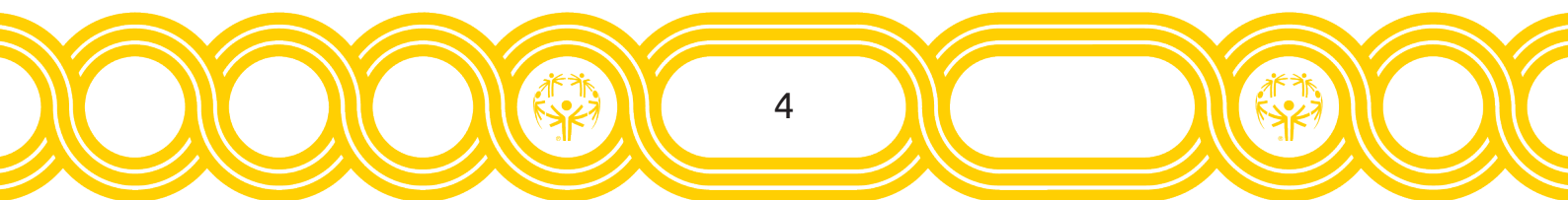
Information session for coaches

An information meeting for coaches will be held 15 minutes before the start of the competition at the secretariat.



Other Important Information

- If a player needs to withdraw on the day of the competition, please contact the competition organizers.
- Remember to drink water during set breaks and between matches.



Before the Competition

What to bring:

- Table tennis racket
- Match shirt and shorts/trousers
- Indoor shoes
- Towel
- Water bottle
- Snacks



When should I be there?

You must check in at the secretariat at least 45 minutes before the competition starts.

Check-in: Checking in means telling the officials that you are there and ready to play.



What happens after check-in?

Once everyone has checked in, the officials make the draw.

The draw is posted in the hall. This usually takes 30–45 minutes.

Use this time to warm up at the tables.



Competition Matches

Check the list in the hall to see which table you will play at.

When you checked where you are playing, go to that table.

There is a playing schedule showing who will face each other and in what order the games will be played.

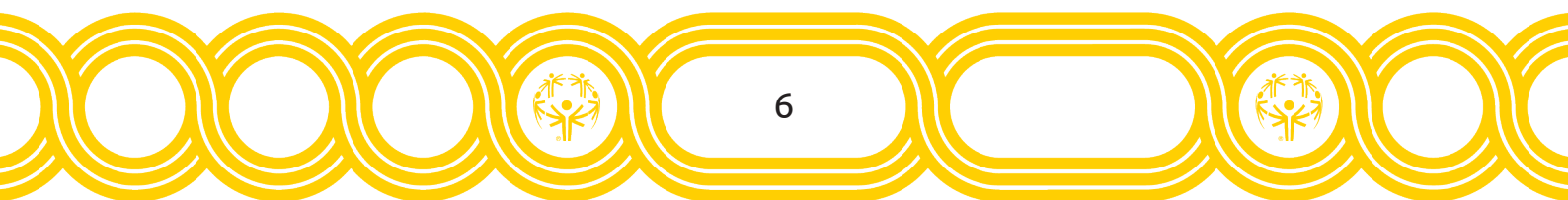
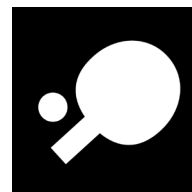
If you are not playing, stay near your assigned table when your match is about to start.

Divisioning

The competition starts with short matches to see how well you play.

These matches are **best of 3 sets**.

This is done to ensure you are placed in a group with players at a similar level.



How a Match Works

1. **Greet** each other by shaking hands, then warm up with forehand and backhand.
2. The referee draws lots to decide who **serves first**. Each player serves twice in a row.
3. Sets are played to 11 points. If the score reaches 10-10 you serve every other time and win by 2 points i. In divisioning, matches are best of 3 sets. In the finals, it is best of 5 sets.
4. After each set, there is a 1-minute break and **players change sides**. The player who served first in the previous set receives first in the next set.
5. When the match is over, players always thank their opponent and the referee politely by **shaking hands**.



Award Ceremony

The ceremony takes place on Sunday.
Medals are awarded for 1st, 2nd, and 3rd place.

All participants receive a participation plaque.



Packing List

Here are tips on things to pack and bring to Malmö and the competitions.

Match clothes

Clothes you play in.



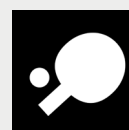
Water bottle

Marked with you name.



Sports equipment

Racket.



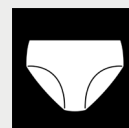
Non-match clothes

Clothes for when you are not competing.



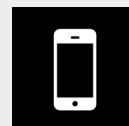
Underwear and socks

Underwear and socks that lasts for the whole stay.



Phone

Don't forget the charger.



Rain wear

If it rains during the opening ceremony for example.



Toiletry bag

Examples of items for your toiletry bag: deodorant, soap, shampoo, conditioner, toothbrush, toothpaste.



Medicine

If you are taking medicine, it's important to bring it.



Speci-Lo

Speci-Lo is Special Olympics Sweden's mascot.

She is a brave lynx who loves sports almost as much as she loves giving hugs.

Speci-Lo will be at SOSIG and is the athletes' very best friend.

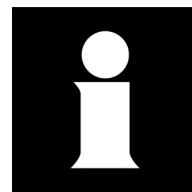
She cheers and encourages and helps the athletes bring out their inner lynx, just as a good friend should.



General Questions

If you have any questions you can e-mail us.

E-mail address: info@specialolympics.se



Website

At <https://www.sogames2026.se/> you find all the information about:

- Competition
- Event
- Peripheral activities



There is always the latest information with updated times.

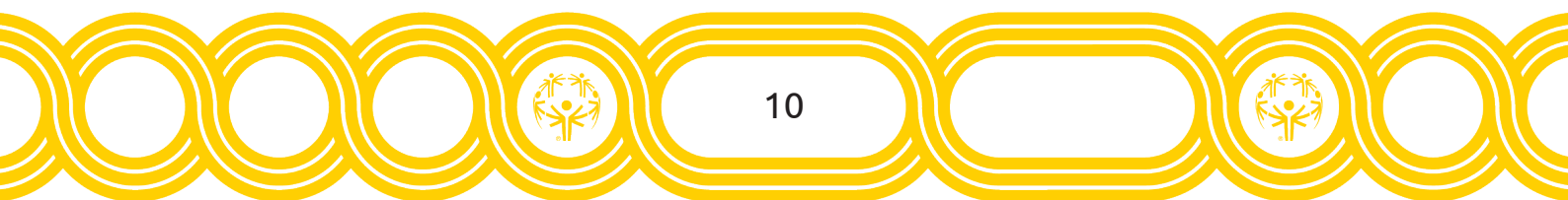
See you in Malmö!

We are very much looking forward to meeting you at
Special Olympics Sweden Invitational Games.

We wish you the best of good luck!



Best regards,
Special Olympics Sweden





SPECIAL OLYMPICS SWEDEN

INVITATIONAL GAMES 2026

EVENT HOSTS



MAIN PARTNERS



PARTNERS



SUPPORTERS

